GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:1071
ANSWERED ON:29.11.2005
YOGA AS COMPULSORY SUBJECT IN SCHOOL EDUCATION
Kharventhan Shri Salarapatty Kuppusamy

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government propose to make teaching of Yoga as a compulsory subject in all schools in the country;

(b) if so, the details thereof in this regard; and

(c) the steps taken by the Government to create awareness among the students about the significance of Yoga?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT (SHRI M.A.A. FATMI)

(a) to (c): The National Curriculum Framework for School Education-2005 prepared by the National Council of Educational Research and Training provides for Health and Physical Education as a compulsory subject from primary to secondary stage and as an optional subject at higher secondary stage. Yoga is one of the core components of Health and Physical Education.

A Centrally Sponsored Scheme titled 'Introduction of Yoga in Schools' was launched in 1989-90. The scheme provides for central assistance to reputed NGOs for expenditure on yoga training to teachers and upgrading library facilities. More than 3700 teachers have been trained since the inception of the scheme. The scheme is now a component of the recently formulated composite scheme of `Quality Improvement in Schools`.